



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

PACKAGE MENU

New Client Glow Starter

Your first visit, made easy.

The New Client Glow Starter is a three-session first-time package at Lumina Skin Sanctuary in Fort Myers for \$155.

YOUR PACKAGE

New Client Glow Starter (package)

\$155

New clients

Three prepaid sessions: a 60-minute Signature Glow Facial with a skin assessment first, then your choice of Signature Glow (30 or 60 min) or Express Hydrating for the other two.

Best for: First-time clients who want to experience the studio and discover their ideal treatment.

The plan: Session 1: skin assessment, then a 60-minute Signature Glow Facial · Sessions 2 and 3: choose a Signature Glow (30 or 60 min) or an Express Hydrating Facial with your esthetician · Spacing is usually 2 to 4 weeks apart; all three sessions are valid for 12 months · Boost any session with the Pore Vacuum & Atomizer Add-On (\$35) or High-Frequency Add-On (\$25)

Signature Glow Facial (60 min)

from \$60

30 min \$60 · 60 min \$85 · 90 min \$120 · 120 min \$175

Lumina's customizable facial for every skin type, the ideal first visit.

Best for: First visits and monthly maintenance, every skin type.

The plan: Personalized skin consultation under magnification · Double cleanse, then exfoliation · Professional extractions · Targeted treatment mask · Deep hydration and SPF

Express Hydrating Facial

\$75

30 min

A fast, high-impact reset for dull or dehydrated skin with no downtime.

Best for: A quick glow between full facials or before an event.

The plan: Quick cleanse and prep · Ultrasonic polishing · Hyaluronic-acid hydration surge · Soothing moisturizer and SPF

Results are cosmetic and vary by person. Prices are current as of October 2026 and may change; today's prices are always at luminaskinsanctuary.com.



Scan to view and book online

luminaskinsanctuary.com/pages/new-client-glow-starter

7940 Dani Dr, Suite 135, Room 209, Fort Myers, FL 33966
(239) 448-3003 · Monday to Saturday, 10 am to 7 pm

Facials by Kira Tia, Licensed Esthetician (FL Full Specialist license FS946982)



LUMINA SKIN SANCTUARY
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NEW CLIENT GLOW STARTER

Care, Results & Botanicals

Before your visit

- ◆ Arrive with clean skin if you can, and come 5-10 minutes early for your consultation.
- ◆ Skip strong exfoliating acids and retinol for 1-2 days beforehand.
- ◆ Avoid heavy sun exposure or tanning for 24-48 hours before.
- ◆ Tell us about any medications, allergies or skin conditions so the facial can be tailored safely.
- ◆ Come hydrated and, ideally, makeup-free.

After your visit

- ◆ Wear broad-spectrum SPF daily and avoid direct sun, which matters in the Florida climate.
- ◆ Skip heavy makeup for about 24 hours.
- ◆ Avoid heat (sauna, hot yoga, hot showers) for 24-48 hours.
- ◆ Hold off on strong actives such as retinol and acids for 1-2 days.
- ◆ Keep skin hydrated and be gentle: no picking or aggressive scrubbing.
- ◆ On the evening of a visit keep it simple: a gentle moisturizer if skin feels tight, no exfoliants or masks.
- ◆ If pinkness has not settled by the next morning, or you notice itching, a rash or unusual bumps, reply to your confirmation email or message the studio.

What to expect

- ◆ After the Signature Glow Facial skin can look clearer and feel clean, with a glow often visible right away.
- ◆ Slight temporary pinkness after extractions typically settles within a few hours.
- ◆ Within about a week skin can feel smoother as the fresh surface settles in.
- ◆ After the Express Hydrating Facial skin can look plumper and more dewy, and fine dehydration lines can look softer for a while.
- ◆ Hydration holds best when supported with a moisturizer and daily SPF. Results are cosmetic, temporary and vary by person.

How often: Visit 2 is booked 2-4 weeks after Visit 1. After the starter, the store suggests the Signature Glow Facial about every 4 weeks and the Express Hydrating Facial every 2-4 weeks.

FROM THE GARDEN

FLOWER

Lotus

A soft, hydrating flower extract used to leave skin looking calm and dewy.



FLOWER

Cherry Blossom

A brightening, smoothing flower extract that leaves skin looking fresh.



BOTANICAL

Green Tea (EGCG)

An antioxidant botanical used to calm skin and protect it from daily environmental stress.



BOTANICAL

Aloe Vera

A cooling, lightweight hydrator that leaves heat-stressed skin feeling fresh.



BOTANICAL

Jojoba

A plant wax that resembles skin's own oils, used for light, balanced moisture.



SUPPLEMENT

Hyaluronic Acid (oral)

A hydration-binding ingredient used to help skin feel plump and comfortable.



Ingredient roles describe typical use in skin care. Read the full guides at luminaskinsanctuary.com/pages/botanical-key and luminaskinsanctuary.com/pages/skin-botanicals-supplements

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