



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

RESURFACING & RENEWAL

The Resurfacing Menu

Smooth. Fresh. Renewed.

The Resurfacing Renewal Facial at Lumina Skin Sanctuary in Fort Myers is a 75-minute, \$165 treatment for rough texture, old blemish marks and sun-weathered dullness.

OUR FACIALS

Resurfacing Renewal Facial

\$165

75 min

Lumina's most comprehensive corrective facial: dual-method resurfacing followed by hyaluronic-acid infusion, with depth set to your skin at every visit.

Best for: Rough texture, old blemish marks and sun-weathered dullness.

The ritual: Consultation and skin analysis of texture, old marks and sun-weathering · Diamond microdermabrasion polishes the rough outer layer · Ultrasonic resurfacing refines the surface a further degree · Sonophoresis infuses hyaluronic acid into freshly resurfaced skin · Restorative mask, then barrier-restoring hydration and SPF

Back-Clearing Facial

\$115

45 min

A body-resurfacing facial for the back and shoulders from the store's Body & Resurfacing family: deep cleanse, dual microdermabrasion and ultrasonic resurfacing, extractions, high-frequency and a purifying mask.

Best for: Rough, bumpy back texture, congestion and old-breakout marks.

The ritual: Back-skin analysis and deep cleanse · Microdermabrasion and ultrasonic resurfacing · Professional extractions · High-frequency · Purifying mask and hydration

Silk & Glow Body Polish

from \$99

60 min \$99 · 90 min \$129

A full-body botanical polish with plant-based exfoliation, a warm wrap and a moisture infusion.

Best for: Rough or dull body skin; rebook every 4-6 weeks.

The ritual: Consultation on body-skin goals · Botanical full-body exfoliation · Nourishing warm wrap · Deep moisture infusion · Smoothing finish

BOOSTERS

Galvanic Current Add-On

\$35

15 min

A 15-minute booster that uses a mild current to carry targeted serums deeper for stronger hydration and absorption; the.

Pore Vacuum & Atomizer Add-On

\$35

15 min

A 15-minute booster where gentle vacuum suction lifts loosened debris from pores, then an atomized mist adds hydration;.

Results are cosmetic and vary by person. Prices are current as of October 2026 and may change; today's prices are always at luminaskinsanctuary.com.



Scan to view and book online

luminaskinsanctuary.com/pages/resurfacing-renewal-facials-fort-myers

7940 Dani Dr, Suite 135, Room 209, Fort Myers, FL 33966

(239) 448-3003 · Monday to Saturday, 10 am to 7 pm

Facials by Kira Tia, Licensed Esthetician (FL Full Specialist license FS946982)



LUMINA SKIN SANCTUARY
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THE RESURFACING MENU

Care, Results & Botanicals

Before your visit

- ◆ Arrive with clean skin if you can, ideally makeup-free, and come 5-10 minutes early for your consultation.
- ◆ Skip strong exfoliating acids and retinol for 1-2 days beforehand.
- ◆ Avoid heavy sun exposure or tanning for 24-48 hours before.
- ◆ Tell your esthetician about any medications, allergies or skin conditions so depth can be set safely.
- ◆ Come well hydrated.
- ◆ Plan ahead for daily SPF, since the fresh surface needs sun protection.

After your visit

- ◆ Expect a light wind-burn feel and brief pinkness; this is normal after resurfacing and settles quickly.
- ◆ That evening, moisturize generously and use nothing active; sleep on a clean pillowcase.
- ◆ Light flaking may appear on days 2-3; do not pick or scrub, it is old skin leaving on schedule.
- ◆ Avoid strong actives (retinol, acids) for 2-3 days; ask us when to restart.
- ◆ Wear SPF daily, skip heavy makeup for about 24 hours and avoid heat (sauna, hot yoga, hot showers) for 24-48 hours.
- ◆ Contact us if redness or stinging intensifies after day one, or flaking seems excessive.

What to expect

- ◆ Skin can feel immediately smoother to the touch.
- ◆ Once any flaking finishes (about week one), the new surface can look noticeably refined and bright.
- ◆ Over a series spaced 3-4 weeks apart, texture, shallow marks and sun-weathered roughness can improve step by step.
- ◆ Results are cosmetic and build with consistency, which is why the 6-visit series exists.
- ◆ Many clients alternate with the Sun-Damage Brightening Facial to work on texture and tone together.

How often: Every 3-4 weeks over a series for full resurfacing (Resurfacing Renewal). Body Polish every 4-6 weeks.

FROM THE GARDEN

BOTANICAL

Green Tea (EGCG)

An antioxidant botanical used to calm skin and protect it from daily environmental stress.



BOTANICAL

Centella (Cica)

Known as cica, a soothing botanical that helps skin feel calm and comfortable after a facial.



BOTANICAL

Aloe Vera

A cooling, lightweight hydrator that leaves heat-stressed skin feeling fresh.



MINERAL

Zinc

A mineral long used in skin care for its balancing, clarifying role on oily, breakout-prone skin.



FLOWER

Magnolia

Magnolia bark extract, used in skin care to calm and support a smoother look.



FLOWER

Sunflower

Sunflower seed oil, a light, comfortable moisturizer rich in vitamin E.



Ingredient roles describe typical use in skin care. Read the full guides at luminaskinsanctuary.com/pages/botanical-key and luminaskinsanctuary.com/pages/skin-botanicals-supplements

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