



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

HYDRATING & LYMPHATIC FACIALS

The Hydration Menu

Cool. Dewy. Restored.

A hydrating facial at Lumina Skin Sanctuary in Fort Myers replenishes dull, dehydrated skin with a hyaluronic-acid moisture surge, and our lymphatic manual facials add hands-on massage to de-puff. The Express Hydrating Facial takes 30 minutes for \$75 with no downtime, so skin can look plump and dewy right away.

OUR FACIALS

Express Hydrating Facial

30 min

\$75

A fast, high-impact reset for dull or dehydrated skin.

Signature Glow Facial

30 min \$60 · 60 min \$85 · 90 min \$120 · 120 min \$175

from \$60

The customizable all-skin-types facial, built around a consultation under magnification.

Essential Radiance Facial

60 min \$95 · 90 min \$129

from \$95

The foundational, barrier-focused facial for steady monthly upkeep, with no downtime.

Deep Renewal Manual Facial (lymphatic)

60 min \$125 · 90 min \$145

from \$125

An all-hands facial with no machines, using warm compresses, lymphatic and facial massage and pressure-point work.

Lift & Sculpt Manual Facial (lymphatic)

120 min

\$210

A 120-minute hands-only facial combining lymphatic drainage, Kobido-inspired lifting massage and a firming mask.

BOOSTERS

Pore Vacuum & Atomizer Add-On

\$35

15 min

A 15-minute booster added to any facial: gentle vacuum suction clears pores, then an atomized mist floods skin with.

Results are cosmetic and vary by person. Prices are current as of October 2026 and may change; today's prices are always at luminaskinsanctuary.com.



Scan to view and book online

luminaskinsanctuary.com/pages/hydrating-facials-fort-myers

7940 Dani Dr, Suite 135, Room 209, Fort Myers, FL 33966

(239) 448-3003 · Monday to Saturday, 10 am to 7 pm

Facials by Kira Tia, Licensed Esthetician (FL Full Specialist license FS946982)



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

THE HYDRATION MENU

Care, Results & Botanicals

Before your visit

- ◆ Arrive with clean skin if you can, ideally makeup-free, and come 5-10 minutes early for your consultation.
- ◆ Skip strong exfoliating acids and retinol for 1-2 days beforehand.
- ◆ Avoid heavy sun exposure or tanning for 24-48 hours before.
- ◆ Tell your esthetician about any medications, allergies or skin conditions so the facial can be tailored safely.
- ◆ Come well hydrated.
- ◆ Booking a facial 1-2 days before a big event is the store's recommended sweet spot for photos.

After your visit

- ◆ Wear broad-spectrum SPF daily and avoid direct sun, essential in the Florida climate.
- ◆ Skip heavy makeup for about 24 hours.
- ◆ Avoid heat (sauna, hot yoga, hot showers) for 24-48 hours.
- ◆ Hold off on strong actives such as retinol and acids for 1-2 days.
- ◆ Keep skin hydrated and be gentle: no picking or aggressive scrubbing.
- ◆ After a manual lymphatic facial, drink extra water and keep skincare minimal that evening.
- ◆ Between visits cleanse gently morning and night and moisturize; add hyaluronic acid if skin runs dry.

What to expect

- ◆ Skin can look plump and dewy right away, and fine dehydration lines can look softer within hours after an Express Hydrating Facial.
- ◆ Makeup can go on noticeably smoother the next morning.
- ◆ After lymphatic massage, skin can look rested and de-puffed, with jaw, brow and neck tension released (Deep Renewal).
- ◆ Lift & Sculpt can leave contours looking more lifted and defined; results are cosmetic and temporary, building with a regular rhythm.
- ◆ Hydration holds longer when supported with moisturizer and daily SPF; results are cosmetic and vary person to person.

How often: Express Hydrating every 2-4 weeks (or before an event); Signature Glow, Essential Radiance and Deep Renewal about every 4 weeks; Lift & Sculpt every 3-4 weeks. Existing page FAQ: every four weeks keeps skin consistently hydrated.

FROM THE GARDEN

BOTANICAL

Aloe Vera

A cooling, lightweight hydrator that leaves heat-stressed skin feeling fresh.



BOTANICAL

Green Tea (EGCG)

An antioxidant botanical used to calm skin and protect it from daily environmental stress.



BOTANICAL

Jojoba

A plant wax that resembles skin's own oils, used for light, balanced moisture.



MINERAL

Zinc

A mineral long used in skin care for its balancing, clarifying role on oily, breakout-prone skin.



FLOWER

Cherry Blossom

A brightening, smoothing flower extract that leaves skin looking fresh.



FLOWER

Lotus

A soft, hydrating flower extract used to leave skin looking calm and dewy.



Ingredient roles describe typical use in skin care. Read the full guides at luminaskinsanctuary.com/pages/botanical-key and luminaskinsanctuary.com/pages/skin-botanicals-supplements

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