



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

PACKAGE MENU

Clear Skin Journey

Clear. Calm. Balanced.

The Clear Skin Journey is six prepaid Deep-Cleansing Acne Facials at Lumina Skin Sanctuary in Fort Myers, for oily, congested and acne-prone skin. Each visit is 60 minutes. It is \$645 instead of \$810 (6 x \$135), saving \$165 or 20%, with visits two weeks apart at first, then monthly, over about four months.

YOUR PACKAGE

Clear Skin Journey (6 x Deep-Cleansing Acne Facial)

\$645

60 min per visit, 6 visits · Save \$165,

Six prepaid Deep-Cleansing Acne Facials on a planned schedule: weeks 0, 2, 4, 8, 12 and 16.

Best for: Active breakouts, blackheads and congestion that keep coming back.

The plan: Weeks 0, 2 and 4: clearing phase, every 2 weeks · Weeks 8, 12 and 16: maintenance phase, every 4 weeks · Every visit begins with a skin assessment · Final visit sets your ongoing plan

Deep-Cleansing Acne Facial (single visit)

\$135

60 min

A targeted facial for congested, oily and acne-prone skin.

Best for: Congested, oily or acne-prone skin.

The plan: Consultation and skin analysis · Deep cleanse and galvanic desincrustation · Professional extractions · Germicidal high-frequency · Purifying clay-based balancing mask, then oil-free hydration and SPF

Results are cosmetic and vary by person. Prices are current as of October 2026 and may change; today's prices are always at luminaskinsanctuary.com.



Scan to view and book online

luminaskinsanctuary.com/pages/clear-skin-journey

7940 Dani Dr, Suite 135, Room 209, Fort Myers, FL 33966
(239) 448-3003 · Monday to Saturday, 10 am to 7 pm

Facials by Kira Tia, Licensed Esthetician (FL Full Specialist license FS946982)



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

CLEAR SKIN JOURNEY

Care, Results & Botanicals

Before your visit

- ◆ Arrive with clean skin if you can, and come 5-10 minutes early for your consultation.
- ◆ Skip strong exfoliating acids and retinol for 1-2 days beforehand.
- ◆ Avoid heavy sun exposure or tanning for 24-48 hours before.
- ◆ Do not pick or squeeze breakouts in the days before; leave extractions to your esthetician.
- ◆ Tell us about any medications (including acne prescriptions), allergies or skin conditions so we can tailor safely.
- ◆ Come hydrated and, ideally, makeup-free.

After your visit

- ◆ Wear broad-spectrum SPF daily and avoid direct sun, which matters in the Florida climate.
- ◆ Skip heavy makeup for about 24 hours.
- ◆ Avoid heat (sauna, hot yoga, hot showers) for 24-48 hours.
- ◆ Hold off on strong actives such as retinol and acids for 1-2 days.
- ◆ Keep skin hydrated and be gentle: no picking or aggressive scrubbing.
- ◆ The evening of a visit, hands off treated spots; no actives or heavy creams.
- ◆ Change pillowcases often and keep hands off your face between visits.

What to expect

- ◆ Pores can look visibly cleaner the day after a visit, with pinkness at extraction sites settling within a few hours to a day.
- ◆ Small whiteheads can surface over 24-48 hours as deeper congestion clears; this is part of the process.
- ◆ Over the series skin can look calmer and clearer, with oil looking more balanced.
- ◆ Texture can look smoother and old marks can look less noticeable with consistency.
- ◆ Results are cosmetic and vary by person; following the home routine your esthetician recommends helps.

How often: Every 2 weeks for the first three visits, then every 4 weeks, about four months in total (weeks 0, 2, 4, 8, 12, 16).
Store text for the single facial: every 2 weeks at first, then every 4 weeks to maintain.

FROM THE GARDEN

FLOWER

Calendula

A gentle flower extract traditionally used to soothe reactive or blemish-prone skin.



FLOWER

Lotus

A soft, hydrating flower extract used to leave skin looking calm and dewy.



BOTANICAL

Green Tea (EGCG)

An antioxidant botanical used to calm skin and protect it from daily environmental stress.



BOTANICAL

Chamomile & Bisabolol

A calming flower extract that helps sensitive, reactive skin feel comfortable.



BOTANICAL

Centella (Cica)

Known as cica, a soothing botanical that helps skin feel calm and comfortable after a facial.



MINERAL

Zinc

A mineral long used in skin care for its balancing, clarifying role on oily, breakout-prone skin.



Ingredient roles describe typical use in skin care. Read the full guides at luminaskinsanctuary.com/pages/botanical-key and luminaskinsanctuary.com/pages/skin-botanicals-supplements

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