



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

PACKAGE MENU

Bright & Even Journey

Bright. Even. Radiant.

The Bright & Even Journey is six prepaid Sun-Damage Brightening Facials at Lumina Skin Sanctuary in Fort Myers, for sunspots, hyperpigmentation and uneven tone. Each visit is 60 minutes. It is \$840 instead of \$1,050 (6 x \$175), saving \$210 or 20%, with visits every 2 to 3 weeks over about four months.

YOUR PACKAGE

Bright & Even Journey (6 x Sun-Damage Brightening Facial)

\$840

60 min per visit, 6 visits · Save \$210,

Six prepaid Sun-Damage Brightening Facials scheduled at weeks 0, 3, 6, 9, 12 and 15.

Best for: Hyperpigmentation, sunspots and uneven tone from Southwest Florida sun.

The plan: Baseline visit starts the brightening series · Visits 2-5 build on each other every 2-3 weeks · Visit 6 finishes the series and sets a maintenance plan · Every visit begins with a skin assessment

Sun-Damage Brightening Facial (single visit)

\$175

60 min

A facial built for Southwest Florida skin to soften the look of sunspots and uneven tone.

Best for: Sunspots, dark patches and blotchy tone.

The plan: Consultation and skin analysis · Deep cleanse and gentle exfoliation · Galvanic current infusion of brightening actives · Brightening antioxidant mask · Vitamin-C and pigment-evening serums, hydration and SPF

Results are cosmetic and vary by person. Prices are current as of October 2026 and may change; today's prices are always at luminaskinsanctuary.com.



Scan to view and book online

luminaskinsanctuary.com/pages/bright-even-journey

7940 Dani Dr, Suite 135, Room 209, Fort Myers, FL 33966

(239) 448-3003 · Monday to Saturday, 10 am to 7 pm

Facials by Kira Tia, Licensed Esthetician (FL Full Specialist license FS946982)



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

BRIGHT & EVEN JOURNEY

Care, Results & Botanicals

Before your visit

- ◆ Arrive with clean skin if you can, and come 5-10 minutes early for your consultation.
- ◆ Skip strong exfoliating acids and retinol for 1-2 days beforehand.
- ◆ Avoid heavy sun exposure or tanning for 24-48 hours before, and avoid sunburn or tanning in the week before.
- ◆ Tell us about any medications, allergies or skin conditions so we can tailor safely.
- ◆ Mention any prescription pigment treatments you use, so brightening actives can be timed safely.
- ◆ Come hydrated and, ideally, makeup-free.

After your visit

- ◆ Wear broad-spectrum SPF 30+ every morning, rain or shine, and avoid direct sun.
- ◆ Skip heavy makeup for about 24 hours.
- ◆ Avoid heat (sauna, hot yoga, hot showers) for 24-48 hours.
- ◆ Hold off on strong actives such as retinol and acids for 1-2 days; no exfoliants or acids the evening of a visit.
- ◆ Keep skin hydrated and be gentle: no picking or aggressive scrubbing.
- ◆ Wear a hat and reapply SPF outdoors between visits.
- ◆ Call promptly about any blistering, burning sensation, pronounced darkening or redness lasting beyond 24-36 hours.

What to expect

- ◆ Skin can look brighter and fresher the day of a visit; spots may briefly look slightly darker before they begin to fade, which the store describes as normal.
- ◆ Discoloration can start to look softer over the first week.
- ◆ Across the series, sunspots and blotchy patches can fade gradually and tone can look more even.
- ◆ There is no downtime; mild warmth or pinkness fades within hours.
- ◆ Daily SPF between visits is essential to hold results. Results are cosmetic and vary by person.

How often: Every 2-3 weeks for the best fading results (weeks 0, 3, 6, 9, 12, 15), about four months for the full series.

FROM THE GARDEN

FLOWER

Sunflower

Sunflower seed oil, a light, comfortable moisturizer rich in vitamin E.



FLOWER

Rose & Rosehip

Rose and rosehip, used to soften and nourish dry or mature-looking skin.



BOTANICAL

Green Tea (EGCG)

An antioxidant botanical used to calm skin and protect it from daily environmental stress.



BOTANICAL

Licorice Root

A brightening botanical used to help skin look more even-toned.



BOTANICAL

Aloe Vera

A cooling, lightweight hydrator that leaves heat-stressed skin feeling fresh.



SUPPLEMENT

Vitamin C

An antioxidant used to help skin look brighter and more even.



Ingredient roles describe typical use in skin care. Read the full guides at luminaskinsanctuary.com/pages/botanical-key and luminaskinsanctuary.com/pages/skin-botanicals-supplements

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