



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

PACKAGE MENU

Bridal & Event Countdown

Your glow, on your day.

The Bridal & Event Glow Countdown is a four-session facial package at Lumina Skin Sanctuary in Fort Myers for \$345, timed across the weeks before your wedding, gala, reunion or photo shoot.

YOUR PACKAGE

Bridal & Event Glow Countdown (package)

\$345

4 sessions · Save up to \$171

Four prepaid, professionally timed facials, any mix of Signature Glow and Essential Radiance, so your skin peaks on the day.

Best for: Brides, grooms and anyone with a big event on the calendar.

The plan: Start 8 to 12 weeks before your event so the visits can be spaced out · Most brides alternate a deep-working Signature Glow with a calming Essential Radiance · Your esthetician maps the schedule at your first visit and can compress it if time is short · Valid for one year from purchase

Signature Glow Facial (90 min)

from \$60

30 min \$60 · 60 min \$85 · 90 min \$120 · 120 min \$175

Lumina's customizable facial for every skin type, here in its 90-minute version.

Best for: Building a clear, even base ahead of an event.

The plan: Personalized skin consultation under magnification · Double cleanse, then exfoliation · Professional extractions · Targeted treatment mask · Deep hydration and SPF

Essential Radiance Facial (90 min)

from \$95

60 min \$95 · 90 min \$129

The foundational, barrier-focused facial for steady, healthy-looking skin, a calming counterpart to the Signature Glow in the weeks before an event.

Best for: Keeping skin calm and hydrated between deeper facials.

Results are cosmetic and vary by person. Prices are current as of October 2026 and may change; today's prices are always at luminaskinsanctuary.com.



Scan to view and book online

luminaskinsanctuary.com/pages/bridal-event-glow

7940 Dani Dr, Suite 135, Room 209, Fort Myers, FL 33966
(239) 448-3003 · Monday to Saturday, 10 am to 7 pm

Facials by Kira Tia, Licensed Esthetician (FL Full Specialist license FS946982)



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

BRIDAL & EVENT COUNTDOWN

Care, Results & Botanicals

Before your visit

- ◆ Arrive with clean skin if you can, and come 5-10 minutes early for your consultation.
- ◆ Skip strong exfoliating acids and retinol for 1-2 days beforehand.
- ◆ Avoid heavy sun exposure or tanning for 24-48 hours before.
- ◆ Tell us about any medications, allergies or skin conditions so we can tailor safely.
- ◆ Do not try new skincare products in the final two weeks before your event.
- ◆ Come hydrated and, ideally, makeup-free.
- ◆ Book your event-week slot early.

After your visit

- ◆ Wear broad-spectrum SPF daily and avoid direct sun, which matters in the Florida climate.
- ◆ Skip heavy makeup for about 24 hours; plan the event-week facial 2-3 days before the date.
- ◆ Avoid heat (sauna, hot yoga, hot showers) for 24-48 hours.
- ◆ Hold off on strong actives such as retinol and acids for 1-2 days.
- ◆ Keep skin hydrated and be gentle: no picking or aggressive scrubbing.
- ◆ The evening of a visit keep it simple: gentle moisturizer if skin feels tight.
- ◆ If pinkness has not settled by the next morning, reply to your confirmation email or message the studio.

What to expect

- ◆ After a Signature Glow Facial skin can look clearer and feel clean, with a glow often visible right away.
- ◆ Over the 12-week countdown skin can look more even and consistent rather than cycling between dull and fresh.
- ◆ After the event-week Express Hydrating Facial skin can look plump and luminous, and makeup can sit more smoothly.
- ◆ There is no downtime; slight pinkness after extractions settles within hours.
- ◆ Results are cosmetic and temporary and vary by person.

How often: Signature Glow Facials at roughly 12, 8 and 4 weeks before the event (page also describes spacing across about 10-12 weeks), then the Express Hydrating Facial in event week, ideally 2-3 days before. A shorter timeline can be compressed at your first visit.

FROM THE GARDEN

FLOWER

Lotus

A soft, hydrating flower extract used to leave skin looking calm and dewy.



FLOWER

Cherry Blossom

A brightening, smoothing flower extract that leaves skin looking fresh.



BOTANICAL

Green Tea (EGCG)

An antioxidant botanical used to calm skin and protect it from daily environmental stress.



BOTANICAL

Centella (Cica)

Known as cica, a soothing botanical that helps skin feel calm and comfortable after a facial.



BOTANICAL

Jojoba

A plant wax that resembles skin's own oils, used for light, balanced moisture.



SUPPLEMENT

Vitamin C

An antioxidant used to help skin look brighter and more even.



Ingredient roles describe typical use in skin care. Read the full guides at luminaskinsanctuary.com/pages/botanical-key and luminaskinsanctuary.com/pages/skin-botanicals-supplements

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