



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

BRIDAL & EVENT GLOW FACIALS

The Bridal & Event Menu

Your glow, on your day.

Lumina Skin Sanctuary in Fort Myers builds bridal and event skin on a timeline: start 3 to 6 months out, add a resurfacing or brightening facial about a month before, and finish with a gentle hydrating facial in the final days.

OUR FACIALS

Bridal & Event Glow Countdown

\$345

4 sessions · Save up to \$171

A timed pre-event package: three 90-minute Signature Glow Facials across the 12 weeks before your date plus an Express Hydrating Facial in event week.

Signature Glow Facial

from \$60

30 min \$60 · 60 min \$85 · 90 min \$120 · 120 min \$175

Cleanse, exfoliation, extractions, targeted mask and deep hydration to build clear, even skin.

Express Hydrating Facial

\$75

30 min

A 30-minute ultrasonic polish plus hyaluronic-acid hydration surge with zero downtime; the event-week facial.

Resurfacing Renewal Facial

\$165

75 min

Diamond microdermabrasion and ultrasonic resurfacing followed by a hyaluronic-acid infusion; the refinement facial about a month out.

Sun-Damage Brightening Facial

\$175

60 min

Gentle exfoliation, galvanic infusion of vitamin-C and tone-evening actives, an antioxidant mask and SPF to soften the look of sunspots and even tone.

Lift & Sculpt Manual Facial

\$210

120 min

A 120-minute hands-only facial with lymphatic drainage, Kobido-inspired lifting massage and a firming mask.

Results are cosmetic and vary by person. Prices are current as of October 2026 and may change; today's prices are always at luminaskinsanctuary.com.



Scan to view and book online

luminaskinsanctuary.com/pages/bridal-event-facials-fort-myers

7940 Dani Dr, Suite 135, Room 209, Fort Myers, FL 33966

(239) 448-3003 · Monday to Saturday, 10 am to 7 pm

Facials by Kira Tia, Licensed Esthetician (FL Full Specialist license FS946982)



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

THE BRIDAL & EVENT MENU

Care, Results & Botanicals

Before your visit

- ◆ Start a facial series 3-6 months out; your final facial is about 1-2 weeks before the day.
- ◆ Do not try new skincare products in the final two weeks before your event.
- ◆ Skip strong exfoliating acids or retinol for 1-2 days before advanced treatments.
- ◆ Arrive with clean skin if you can and come 5-10 minutes early for your consultation.
- ◆ Tell your esthetician about any medications, allergies or skin conditions.
- ◆ Hydrate well and avoid heavy sun exposure or tanning before each visit.
- ◆ Plan your event-week facial 2-3 days out.

After your visit

- ◆ Wear SPF and avoid direct sun, essential after any facial in the Florida sun.
- ◆ Skip heavy makeup for about 24 hours after a facial.
- ◆ Avoid heat (sauna, hot yoga, hot showers) for 24-48 hours.
- ◆ Hold off on strong actives such as retinol and acids for 1-2 days.
- ◆ Follow the at-home care your esthetician recommends and keep skin hydrated.
- ◆ After resurfacing, avoid strong actives for 2-3 days and do not pick at any light flaking.

What to expect

- ◆ Over a timed series, skin can look clearer, more even and more luminous.
- ◆ Gentle hydrating facials close to the day can leave skin looking plump, dewy and camera-ready.
- ◆ A resurfacing or brightening facial a month out can help refine the look of texture and tone.
- ◆ Lymphatic sculpting can leave contours looking more defined and de-puffed for photos.
- ◆ Results are cosmetic, temporary and vary by person.

How often: Start 3-6 months out (existing page); Countdown package: Signature Glow at ~12, ~8 and ~4 weeks out, then Express Hydrating in event week. Shorter timeline: the schedule can be compressed at the first visit.

FROM THE GARDEN

BOTANICAL

Aloe Vera

A cooling, lightweight hydrator that leaves heat-stressed skin feeling fresh.



BOTANICAL

Green Tea (EGCG)

An antioxidant botanical used to calm skin and protect it from daily environmental stress.



BOTANICAL

Jojoba

A plant wax that resembles skin's own oils, used for light, balanced moisture.



MINERAL

Zinc

A mineral long used in skin care for its balancing, clarifying role on oily, breakout-prone skin.



FLOWER

Cherry Blossom

A brightening, smoothing flower extract that leaves skin looking fresh.



FLOWER

Lotus

A soft, hydrating flower extract used to leave skin looking calm and dewy.



Ingredient roles describe typical use in skin care. Read the full guides at luminaskinsanctuary.com/pages/botanical-key and luminaskinsanctuary.com/pages/skin-botanicals-supplements

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