



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

ANTI-AGING & FIRMING FACIALS

The Anti-Aging Menu

Firm. Lifted. Renewed.

Anti-aging facials at Lumina Skin Sanctuary in Fort Myers help skin look firmer, lifted and smoother with no needles and no downtime.

OUR FACIALS

Anti-Aging Firming Facial

\$175

75 min

Warm thermal ultrasound and high-frequency current help skin look firmer, lifted and smoother, with a peptide-rich mask and age-defense serums.

Best for: Skin that is softening or showing fine lines and wants a no-downtime option

The ritual: Consultation and skin analysis of tone, elasticity and lines · Deep cleanse and exfoliation · Thermal ultrasound to firm and lift · High-frequency current · Peptide-rich firming mask, serums, hydration and SPF

Lift & Sculpt Manual Facial

\$210

120 min

A 120-minute, hands-only sculpting facial with lymphatic drainage and Kobido-inspired lifting massage to help cheeks and jawline look lifted, de-puffed and defined.

Best for: A lifted, defined contour and reduced puffiness, for example before an event

The ritual: Consultation and skin analysis · Manual cleanse and warm prep · Lymphatic drainage · Sculpting and lifting massage · Firming mask, then serums, hydration and SPF

Resurfacing Renewal Facial

\$165

75 min

A comprehensive resurfacing facial that smooths rough texture and the look of fine lines and sun-weathered skin, with no downtime to minimal downtime.

Best for: Rough texture, old blemish marks and sun-weathered dullness

The ritual: Consultation and skin analysis · Diamond microdermabrasion · Ultrasonic resurfacing · Sonophoresis infusion of hyaluronic acid · Restorative mask, then hydration, barrier care and SPF

Results are cosmetic and vary by person. Prices are current as of October 2026 and may change; today's prices are always at luminaskinsanctuary.com.



Scan to view and book online

luminaskinsanctuary.com/pages/anti-aging-facials-fort-myers

7940 Dani Dr, Suite 135, Room 209, Fort Myers, FL 33966
(239) 448-3003 · Monday to Saturday, 10 am to 7 pm

Facials by Kira Tia, Licensed Esthetician (FL Full Specialist license FS946982)



LUMINA SKIN SANCTUARY
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THE ANTI-AGING MENU

Care, Results & Botanicals

Before your visit

- ◆ Arrive with clean skin if you can, and come 5-10 minutes early for your consultation
- ◆ Skip strong exfoliating acids and retinol for 1-2 days beforehand
- ◆ Avoid heavy sun exposure or tanning for 24-48 hours before
- ◆ Tell your esthetician about any medications, allergies, skin conditions or medical devices, since the Firming Facial uses warm thermal ultrasound and high-frequency current
- ◆ Come hydrated and, ideally, makeup-free
- ◆ For the Lift & Sculpt Manual Facial, plan a full 120 minutes and rebook timing around any event date

After your visit

- ◆ Wear a broad-spectrum SPF daily and avoid direct sun; sun is what undoes firmness fastest in Florida
- ◆ Skip heavy makeup for about 24 hours
- ◆ Avoid saunas, hot yoga and very hot showers for 24-48 hours
- ◆ Hold off on retinol and acids for 1-2 days (2-3 days after Resurfacing Renewal)
- ◆ Keep skin hydrated and be gentle; no picking or aggressive scrubbing
- ◆ After Lift & Sculpt, hydrate well and avoid alcohol that evening to keep the de-puffed look
- ◆ After Resurfacing Renewal, light flaking may appear on days 2-3; do not pick or scrub it

What to expect

- ◆ Skin can look temporarily tighter with a healthy glow right after your first visit
- ◆ Contours can look lifted and defined after a Lift & Sculpt visit, with reduced puffiness
- ◆ The look of fine lines can soften and skin can look firmer and smoother across a series
- ◆ Resurfacing Renewal leaves skin feeling smoother to the touch, with refined-looking texture
- ◆ Results are subtle, cosmetic and temporary; they build with consistent visits and daily SPF

How often: Anti-Aging Firming: every 2-4 weeks so firming builds session over session (3 sessions \$420, 6 sessions \$840). Lift & Sculpt: every 3-4 weeks. Resurfacing Renewal: every 3-4 weeks (3 sessions \$395, 6 sessions \$790). Most clients book roughly monthly.

FROM THE GARDEN

BOTANICAL

Green Tea (EGCG)

An antioxidant botanical used to calm skin and protect it from daily environmental stress.



BOTANICAL

Centella (Cica)

Known as cica, a soothing botanical that helps skin feel calm and comfortable after a facial.



BOTANICAL

Sea Buckthorn

A vitamin-rich berry oil used for its nourishing feel on dry, mature skin.



MINERAL

Zinc

A mineral long used in skin care for its balancing, clarifying role on oily, breakout-prone skin.



FLOWER

Rose & Rosehip

Rose and rosehip, used to soften and nourish dry or mature-looking skin.



FLOWER

Chamomile & Bisabolol

A calming flower extract that helps sensitive, reactive skin feel comfortable.



Ingredient roles describe typical use in skin care. Read the full guides at luminaskinsanctuary.com/pages/botanical-key and luminaskinsanctuary.com/pages/skin-botanicals-supplements

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