



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

PACKAGE MENU

Age-Renew Journey

Firm. Lifted. Renewed.

The Age-Renew Journey is six prepaid Anti-Aging Firming Facials at Lumina Skin Sanctuary in Fort Myers, for fine lines, lost firmness and a softening jawline. Each visit is 75 minutes. It is \$840 instead of \$1,050 (6 x \$175), saving \$210 or 20%, with visits every 2 to 4 weeks over about four months.

YOUR PACKAGE

Age-Renew Journey (6 x Anti-Aging Firming Facial)

\$840

75 min per visit, 6 visits · Save \$210,

Six prepaid Anti-Aging Firming Facials scheduled at weeks 0, 3, 6, 9, 12 and 15.

Best for: Fine lines, lost firmness and a softening jawline.

The plan: Baseline visit with thermal ultrasound and high-frequency current · Visits 2-5 every 2-4 weeks so effects build session over session · Visit 6 finishes the series and sets an ongoing plan · Every visit begins with a skin assessment

Anti-Aging Firming Facial (single visit)

\$175

75 min

A firming, lifting and smoothing facial using thermal ultrasound and high-frequency current.

Best for: Softening the look of fine lines and restoring contour along the jawline and cheeks.

The plan: Consultation and skin analysis (tone, elasticity, lines) · Deep cleanse and exfoliation · Thermal ultrasound, then high-frequency current · Firming peptide-rich mask · Targeted serums, hydration and SPF

Results are cosmetic and vary by person. Prices are current as of October 2026 and may change; today's prices are always at luminaskinsanctuary.com.



Scan to view and book online

luminaskinsanctuary.com/pages/age-renew-journey

7940 Dani Dr, Suite 135, Room 209, Fort Myers, FL 33966

(239) 448-3003 · Monday to Saturday, 10 am to 7 pm

Facials by Kira Tia, Licensed Esthetician (FL Full Specialist license FS946982)



LUMINA SKIN SANCTUARY
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AGE-RENEW JOURNEY

Care, Results & Botanicals

Before your visit

- ◆ Arrive with clean skin if you can, and come 5-10 minutes early for your consultation.
- ◆ Skip strong exfoliating acids and retinol for 1-2 days beforehand.
- ◆ Avoid heavy sun exposure or tanning for 24-48 hours before.
- ◆ Tell us about any medications, allergies or skin conditions so we can tailor safely.
- ◆ Because the facial uses thermal ultrasound and high-frequency current, mention pacemakers, metal implants or pregnancy.
- ◆ Let us know about any recent cosmetic procedures so visits can be timed appropriately.
- ◆ Come hydrated and, ideally, makeup-free.

After your visit

- ◆ Wear broad-spectrum SPF daily and avoid direct sun, which matters in the Florida climate.
- ◆ Skip heavy makeup for about 24 hours.
- ◆ Avoid heat (sauna, hot yoga, hot showers) for 24-48 hours.
- ◆ Hold off on strong actives such as retinol, acids and at-home peptides for 1-2 days.
- ◆ The evening of a visit use hydration only; skip retinol and acids.
- ◆ Keep skin hydrated and be gentle: no picking or aggressive scrubbing.
- ◆ Reach out if redness or warmth lasts more than 24 hours, or jaw or cheek tenderness does not fade in a day.

What to expect

- ◆ Right after a visit skin can look lifted with a healthy glow and feel warm and worked; the flush settles within a few hours.
- ◆ A temporary tightening feeling is common on day 1.
- ◆ Over the first week skin can feel firmer.
- ◆ Across the series jawline and cheek definition can look better, and fine lines can look softer.
- ◆ Results are cosmetic, temporary and cumulative; a monthly rhythm helps maintain them and results vary by person.

How often: Every 2-4 weeks so effects build session over session (weeks 0, 3, 6, 9, 12, 15), about four months for the series.

FROM THE GARDEN

FLOWER

Rose & Rosehip

Rose and rosehip, used to soften and nourish dry or mature-looking skin.

FLOWER

Lotus

A soft, hydrating flower extract used to leave skin looking calm and dewy.

BOTANICAL

Sea Buckthorn

A vitamin-rich berry oil used for its nourishing feel on dry, mature skin.

BOTANICAL

Green Tea (EGCG)

An antioxidant botanical used to calm skin and protect it from daily environmental stress.

BOTANICAL

Centella (Cica)

Known as cica, a soothing botanical that helps skin feel calm and comfortable after a facial.

SUPPLEMENT

Collagen Peptides

An oral supplement often paired with firming care. Ask your provider if it suits you.

Ingredient roles describe typical use in skin care. Read the full guides at luminaskinsanctuary.com/pages/botanical-key and luminaskinsanctuary.com/pages/skin-botanicals-supplements

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