



LUMINA SKIN SANCTUARY
FORT MYERS · FLORIDA

ACNE & DEEP-CLEANSING FACIALS

The Acne Menu

Clear. Calm. Balanced.

Acne facials at Lumina Skin Sanctuary in Fort Myers start with the 60-minute Deep-Cleansing Acne Facial, from \$135.

OUR FACIALS

Deep-Cleansing Acne Facial

\$135

60 min

Our focused facial for congested, oily and acne-prone skin. Galvanic desincrustation softens oil in the pores so extractions release without force, and germicidal high-frequency helps calm active blemishes.

Best for: Oily, congested and breakout-prone facial skin, teens and adults

The ritual: Consultation and skin analysis of breakout pattern, oil and sensitivity · Deep cleanse and galvanic desincrustation · Thorough professional extractions · Germicidal high-frequency · Purifying clay mask, then oil-free hydration and SPF

Back-Clearing Facial

\$115

45 min

A true facial for the back and shoulders that deep-cleans, resurfaces and extracts to clear congestion and rough texture on hard-to-reach skin.

Best for: Back and shoulder breakouts (bacne), congestion and rough texture

The ritual: Consultation and back-skin analysis · Deep cleanse of the back and shoulders · Microdermabrasion and ultrasonic resurfacing for rough texture · Professional extractions · High-frequency, then a purifying mask and hydration

Back-Clearing Manual Facial

\$85

45 min

The hands-on, device-free version of the Back-Clearing Facial, finished with a tension-releasing back massage. A good fit when back skin is sensitive or you prefer a slower, manual touch.

Best for: Sensitive or reactive back skin, and anyone who prefers a no-device facial

The ritual: Consultation and back-skin analysis · Manual deep cleanse with warm compress · Careful hand extractions · Back and shoulder massage · Purifying mask and hydration

BOOSTERS

High-Frequency Add-On

\$25

15 min

A booster added to any facial.

Galvanic Current Add-On

\$35

15 min

A booster that uses a gentle current to carry active serums deeper than surface application, chosen to be hydrating.

Pore Vacuum & Atomizer Add-On

\$35

15 min

A booster that uses gentle suction to lift oil and loosened blackheads from pores, followed by a hydrating oxygen mist.

Results are cosmetic and vary by person. Prices are current as of October 2026 and may change; today's prices are always at luminaskinsanctuary.com.



Scan to view and book online

luminaskinsanctuary.com/pages/acne-facials-fort-myers

7940 Dani Dr, Suite 135, Room 209, Fort Myers, FL 33966

(239) 448-3003 · Monday to Saturday, 10 am to 7 pm

Facials by Kira Tia, Licensed Esthetician (FL Full Specialist license FS946982)



THE ACNE MENU

Care, Results & Botanicals

Before your visit

- ◆ Arrive with clean skin if you can, and come 5-10 minutes early for your consultation
- ◆ Skip strong exfoliating acids and retinol for 1-2 days beforehand
- ◆ Avoid heavy sun exposure or tanning for 24-48 hours before
- ◆ Tell your esthetician about any prescription acne treatments, medications, allergies or skin conditions
- ◆ Come hydrated and, ideally, makeup-free
- ◆ Extractions and galvanic current are part of the visit, so keep your routine gentle the day before

After your visit

- ◆ Do not pick at spots that surface over the next 24-48 hours
- ◆ Wear a broad-spectrum SPF daily and avoid direct sun
- ◆ Use a gentle cleanser and an oil-free moisturizer
- ◆ Skip heavy makeup for about 24 hours
- ◆ Avoid heat such as saunas, hot yoga and hot showers for 24-48 hours
- ◆ Hold off on strong actives (retinol, acids) for 1-2 days
- ◆ After a back facial, wear a clean, loose, breathable top and skip the gym one more day if you can

What to expect

- ◆ Pores can look visibly cleaner and skin feels calmer after one visit
- ◆ Temporary pinkness at extraction sites usually settles within a few hours to a day
- ◆ Small whiteheads may surface over 24-48 hours as deeper congestion clears; this is part of the process
- ◆ Over a series, breakout cycles can ease, oil can look more balanced and texture smoother
- ◆ Back skin can look cleaner and feel smoother after a Back-Clearing visit
- ◆ Results are cosmetic, build gradually and need consistency; this is skincare, not medical treatment

How often: Deep-Cleansing Acne Facial: every 2 weeks at first to break the cycle, then about every 4 weeks (monthly) to maintain. Back-clearing facials: every 2-4 weeks over a series, then monthly. Deep-Cleansing series: 3 sessions \$320 (save \$85), 6 sessions \$645 (save \$165).

FROM THE GARDEN

BOTANICAL

Green Tea (EGCG)

An antioxidant botanical used to calm skin and protect it from daily environmental stress.



BOTANICAL

Centella (Cica)

Known as cica, a soothing botanical that helps skin feel calm and comfortable after a facial.



BOTANICAL

Aloe Vera

A cooling, lightweight hydrator that leaves heat-stressed skin feeling fresh.



MINERAL

Zinc

A mineral long used in skin care for its balancing, clarifying role on oily, breakout-prone skin.



FLOWER

Calendula

A gentle flower extract traditionally used to soothe reactive or blemish-prone skin.



FLOWER

Chamomile & Bisabolol

A calming flower extract that helps sensitive, reactive skin feel comfortable.



Ingredient roles describe typical use in skin care. Read the full guides at luminaskinsanctuary.com/pages/botanical-key and luminaskinsanctuary.com/pages/skin-botanicals-supplements

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